

The Therapeutic Review

Therapeutic Recreation Division – Putting a “Spin” on *Recreation*

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Center Director II – Mary E. Gardner 410-396-1550 Email Marye.Gardner@Baltimorecity.gov
Program information for Deaf consumers is accessed by the Maryland Relay System at 711
Division Office Located at 3001 East Drive, Baltimore, MD 21217
Therapeutic Center Located at 4501 Farring Court, Baltimore, MD 21225

Recreation is for everyone!



The ***Therapeutic Recreation Review*** is a new quarterly publication that will provide everyone with an update of recreation and leisure program opportunities provided by the Baltimore City Department of Recreation and Parks throughout the year. Listed below are program offerings for September to December, 2005.

THERAPEUTIC RECREATION PROGRAMS ARE FOR PEOPLE WITH DISABILITIES AGES 5 TO 105 (AND BEYOND)

August 27th, 2005 – 8th Annual Wheelchair/Standup Bocce Tournament in Patterson Park. This competitive bocce program is open to both wheelchair users and stand-up players. Time: 11:00 a.m. Pre-register in advance by calling **410-396-7072**. Team registration is \$50.00 for a four person team or \$12.50 a person for players wishing to be assigned to a four player team. Cash prizes for 1st through 5th place is offered along with souvenir t-shirts for all registered players.

September 12th, Young Adult Season Begins – This recreation and leisure program is for young adults with developmental disabilities 21 years and older. The Monday and Friday “day” program includes arts and crafts, adapted sports, table games, trips and special on-site programs. The program is open to people living in the community or people who attend adult day programs. Limited transportation is provided for Baltimore City residents who live in the community. Adult Day Program participants are welcome. Day program facilities are responsible for transportation for their participants.

Location: Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

Note: M.T.A. Bus # 64 (Wagner's Point) stops at our center.

For Mobility Services call the M.T.O. Mobility System at 410-727-3535.

Days/Dates: Monday and Friday, September 12th, 2005 through May 26th, 2006

Time: 9:30 a.m. to 2:30 p.m.

Cost: \$2.00 weekly

September 14th – Variety Seniors Club – The Variety Club Seniors program is for seniors with disabilities who live in the community. The club meets on Wednesdays throughout the fall and winter months for table games, arts and crafts, special informative programs and day trips. Coffee, tea and doughnuts are provided to help “energize” everyone in the early morning. Members must bring their own lunch. Limited transportation is available for Baltimore City residents.

Location: Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

Day/Dates: Wednesday, September 14th, 2005 through May 31st, 2006

Time: 9:30 a.m. to 2:30 p.m.

Cost: \$1.00 weekly

September 19th – Soccer Training – This will be a school based adapted soccer program for students with developmental disabilities who are transitioning from the school to the community. Exact dates and locations are to be determined. For information contact the Therapeutic Recreation Division at **410-396-7072**. This is a Special Olympics, Maryland co-sponsored program.

September 19th – Special Olympics Fall Bocce – This is an instructional program in the sport of bocce that is offered to Day Program participants as well as adults with developmental disabilities who live in the community. It begins the week of September 19th and continues through the week of November 7th and concludes with a City Wide Tournament at the Clarence “Du” Burns Arena. This is a Special Olympics, Maryland co-sponsored program.

Location: Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

Day/Dates: Monday through Friday mornings (separate days for separate groups)

Time: 10:30 a.m. to 12:00 noon

Cost: No charge

September 24th – Saturday Morning Club – This monthly Saturday morning recreation club is for children with disabilities. All children with disabilities ages 5 to 18 including Camp Variety campers are invited to come and participate in arts and crafts, games, adapted sports and day trips that are planned each month. The first program on September 24th will be a “welcome back program” that includes arts and crafts, PlayStation games and adapted kickball. **Call 410-396-1550 to sign up.**

Location: Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

Day/Dates: September 24th, October 22nd, November 19th and December 17th **Note:** Programs will continue in January and continue through May, 2006. Dates and times for 2006 will be advertised in the next *Therapeutic Review Newsletter*.

Transportation: Parents are responsible for transportation to and from our center. Transportation for scheduled day trips will be offered by the Therapeutic Division.

Note: M.T.A. Bus # 64 (Wagner's Point) stops beside our center. Also, consider contacting the M.T.A. Mobility System at 410-727-3535 to sign up your child for the Mobility System.

Time: 10:00 a.m. to 2:00 p.m.

Cost: \$10.00 for the season (September through May) **Note:** We cannot accept checks or cash. Money orders should be made out to “Director of Finance” and sent to the Farring-Baybrook Recreation Center.

September 24th – Saturday Night Social Club Season Begins – This monthly social club and dance for adults with developmental disabilities begins its Fall & Winter season. This is a “partnership program” with

agencies throughout the Baltimore area who provide services to adults with developmental disabilities ages 16 to and including adults. Dancing, contests and refreshments are provided. **Call 410-396-1550 to register.**

Location: Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

Transportation: Participants must provide their own transportation (agency/parent/consumer)

Dates/Days – 9-24-05 (all programs on Saturday), 10-29-05, 11-19-05 (*Talent Show*), 12-17-05

Time: 5:30 p.m. to 8:30 p.m.

Cost: \$5.00 per member (no charge for staff or volunteers)

October 1st, 2005 – Variety Children's Theatre Project – The Variety Children's Theater Project will begin its second season of operation on Saturday, October 1st at the Farring-Baybrook Recreation Center. The "inclusion" program is for children with and without disabilities ages 8 to 18. Instruction is provided in theater arts and the season which will run through April, 2006 will include two plays that will be presented to the public.

Location: Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

Dates/Days – October 1st (three Saturdays a month) through April, 2006

Time: 10:00 a.m. to 1:00 p.m.

Cost: No charge but registration form is required and we are looking for commitment from actors and parents.

October 11th – Metro Wheelchair Basketball League – The World's Greatest Wheelchair Basketball League will begin its 14th year of play in October. October 11th and 18th will be registration and practice nights and the season will officially begin competitive play on October 25th. The Metro League is open to players with physical disabilities ages 14 and older. Able-bodied players can register but must play in wheelchairs. Players can be novices, recreational players or veteran players who play on sanctioned National Wheelchair Basketball Association teams. The Metro League is designed to accommodate everyone's ability level and everyone is guaranteed **quality playing time**. We take the "Arthur Ashe" approach to sports in the Metro League: "You learn while you play". For information including registration form and player agreement form call **410-396-7072**.

Location: Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

Dates/Day: Tuesday nights beginning October 11th through February 15th, 2006

Time: 6:30 p.m. to 10:00 p.m. (two games a night)

Cost: \$10.00 registration fee

October 17th – Aqua Aerobics – Special Olympics, Maryland and the Department of Recreation and Parks partner with agencies serving adults with developmental disabilities to sponsor a day swim/exercise program. The program is open to all. The day programs will be held on Monday, Wednesday and Thursday at Callowhill Aquatics Center. A Saturday program is also available for residential program participants. For information call the Therapeutic Recreation Division at **410-396-7072**.

Location: Callowhill Aquatics Center, 2821 Oakleigh Ave. Baltimore, MD 21215

Time: 12:00 noon to 1:30 (Day) 1:30 p.m. to 3:00 (Saturday)

Cost: \$1.00 per person per session (daily).

October 21st – Falling Leaves Cabaret for Nursing Home Residents – This fall (highlight of the social season) event features music, dancing, dinner and door prizes. It's a celebration of the season. The "cabaret" (my friend) is open to all Baltimore area nursing homes and assisted living facilities. The cost is \$12.00 per resident. There is no charge for accompanying staff and volunteers (up to four per facility). To pre-register call **410-396-1550**. Registrations should be made on or before October 17th. Facilities are responsible for payment for all registered participants.

Location: Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

Date/Day: Friday, October 21st, 2005

Time: 10:30 a.m. to 1:45 p.m.

Cost: \$12.00 per resident (no charge for support staff/volunteers)

Contact: Mary Gardner, Center Director at 410-396-1550

November 11th – November to Remember Day Disco - The “November to Remember” Day Disco is for adults with developmental disabilities who live in the community or who attend an adult day care facility. The program features music, dancing, contests and a delicious disco dinner with delectable delicacies.

Reservations should be made on or before Monday, November 7th. Below are the details:

Location: Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

Date/Day: Friday, November 11th, 2005

Time: 10:30 a.m. to 1:45 p.m.

Cost: \$10.00 per person (No charge for support staff/volunteers)

Contact: Mary Gardner, Center Director 410-396-1550

November 12th – Walking and Rolling on the Gwynns Falls Trail - Our annual “Walk and Roll...Hootchie Coo” fundraiser will be held on the recently completed 14 mile Gwynns Falls Trail (maybe not all 14 miles) and will benefit the Therapeutic Recreation Division and the Gwynns Falls Trail. Walkers, wheelchair users, bikers (bicycles...), hand cyclists, skateboards and scooters (manual scoot with your foot type) are all welcome. Souvenir T-shirts are available to every walker (or roller) who raises \$25.00 or more and prizes will be given to the fundraisers. Registration and solicitation forms will be available in September by calling the Therapeutic Recreation Division at 410-396-7072. ***Come on out and experience the “experience”.***

Location: Gwynns Falls Trail (park entrance on Windsor Mill Road)

Date/Day: Saturday, November 12th, 2005

Time: 10:00 a.m.

Contact: Mike Naugle at 410-396-7072 or email Mike.Naugle@Baltimorecity.gov

December 11th – Sled Hockey – Jim Leatherman, a world class athlete in sailing, wheelchair basketball and sled hockey among other sports will offer an instructional program in sled hockey at the Mimi Dipetro Ice Rink. The program targets individuals with physical disabilities but it's open to able-bodied athletes who would like to give the sport a “whirl”. For information contact Mike Naugle at 410-396-7072

Location: Mimi Dipetro Ice Rink, 200 S. Linwood Ave. (off Eastern Ave. in Patterson Park – Look for the giant white bubble in the park)

Date/Day: Sunday

Time: To Be Determined – Call 410-396-7072 for exact time

A registration form will be required of all participants.

IDEAS ARE WELCOMED! The Therapeutic Recreation Division never limits what they are able to offer and **we are always open to suggestions.** Have you seen the movie “Murder Ball”? We can start a quad rugby team. Have you seen the movie “Mad Hot Ballroom”? We can offer ballroom dancing. Are you interested in a social club just for teens or adults with physical disabilities? We can provide all of these programs and more in an accessible facility, in an accessible area. How about snow skiing? We are actually planning a two night, three day trip to Wisp Ski Resort in February. Meals, lodging, lunch and dinner, equipment and transportation for approximately \$350.00 and all you have to do is make a \$50.00 down payment and agree to have the balance paid by the second week in January, 2006. What do we need to do these and other programs? **YOU!!!** As long as the numbers and interest is there... we're here.

December 17th – Camp Variety Holiday Reunion and Saturday Night Social - This will be an eventful evening of music, dancing, contests and reuniting of former campers and staff from Camp Variety and the program will include our ***Saturday Night Social Club Members*** who “really” know how to bring the house down (in a manner of speaking of course). Come on out and kick off the holiday season in style...

Location: Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

Date/Day: Saturday, December 17th, 2005

Time: 5:30 p.m. to 9:00 p.m.

Cost: \$2.00 or a can good or present for our holiday donation basket.

Contact: Mary Gardner, Center Director at 410-396-1550 or email Marye.Gardner@Baltimorecity.gov

Come on out and be a part of the action! Recreation is for everyone!!

Executive Staff

Connie A. Brown.....Acting Director
Portia Harris.....Acting Associate Director
Kevin Seawright.....Director, Fiscal Management
Tawanna Kane.....Leisure Services Manager



**Michael Naugle, Program Coordinator
Therapeutic Recreation Division**

Therapeutic Recreation Division Staff

Mary Gardner.....Center Director II
Spencer Crowder.....Recreation Leader II
Robin Blackburn.....Recreation Arts Instructor
Gloria Reed.....Recreation Arts Instructor
Victor West.....Recreation Arts Instructor
Corey Brooks.....Recreation Arts Instructor
John Styron.....Building Custodian

**Baltimore City Department of Recreation and Parks
Therapeutic Recreation Division
3001 East Drive
Baltimore, Maryland 21217**